

A decorative geometric pattern in the top-left corner, featuring a repeating star and interlocking line motif in a light purple color.

# **Safety Tips Ramadan 2026**

A dark purple teardrop-shaped logo containing the white text "TM".

**TM**

# Safety Tips Ramadan 2026

TM

## General Safety Tips



### Stay Alert

Remain aware of your surroundings at all times.



### Plan Your Route

Stick to busy, well-lit routes, especially for evening prayers (Maghrib), night prayers (Isha), and morning prayers (Fajr) prayers.



### Stay Connected

Message loved ones your departure and arrival times.



### Personal Safety

Consider carrying a personal alarm.



### Evidence

If safe to do so, photograph or video perpetrators of harassment and note physical descriptions (clothing, tattoos, etc.).

## Safety at the Mosque



### Unwanted Visitors

If someone suspicious enters, do not engage directly. Maintain a safe distance.

*Dial 999 if you feel that they pose a safety risk.*

### Security

Ensure CCTV is operational and entrances/exits are well-lit.

### Hate Mail

If the mosque receives hate mail, handle it minimally. Place it in a clean, sealable plastic bag to preserve DNA or fingerprint evidence for the police.

## Travel Tips (Trains & Buses)



### Note Your Location

On trains, remember your carriage number or position (front/middle/rear). On the London Underground, carriage numbers are located near emergency exits.

### Trust Your Instincts

Move away from aggressive or intoxicated individuals. If on the Underground, exit at the next stop if you feel unsafe.

### Reporting

Text the **British Transport Police (BTP) on 61016** or **call 0800 40 50 40**.

### Bus Safety

Use apps like Google Maps or Citymapper to track live arrivals. Try to sit near the driver.

## Don't Be a Bystander

We all have a responsibility to stand against bigotry. If you witness hate:

### 1 Create Distance

If safe, stand between the perpetrator and the target.

### 2 Distract

Interrupt the situation by striking up an unrelated conversation with the victim.

### 3 Support

Check if the victim is okay after the incident and offer to contact the police.

### 4 Report to Tell MAMA

Email screenshots of online hate or reports of physical incidents to:

**info@tellmamauk.org**

**WhatsApp: 07341 846 086**

**Or call us: 0800 456 1226**

0800 456 1226

0734 184 6086

0115 707 00 07

info@tellmamauk.org

@TellMamaUK

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Measuring Anti-Muslim Attacks

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