

Personal Safety Tips Ramadan 2023 (1444 Hijri)

TM

As protocol, we offer Muslim communities a wide range of safety advice to keep in mind – when commuting, going to and from mosques, shopping, and using the rail networks.

Personal safety is paramount for everyone. Therefore, we have developed the following safety tips to keep Muslims and Islamic institutions safe.

- ✓ Be alert to your surroundings
- ✓ Stick to public routes you know are well lit and busy
- ✓ Avoid shortcuts through unlit areas. If it feels unsafe, find a more public route, especially at night
- ✓ Plan your journey to and from the mosque (masjid) and try to stick to it
- ✓ Try to leave the mosque (masjid) with friends and relatives where possible
- ✓ Let a family member or friend know about your travel plans
- ✓ If you use public transport, make a note of departure times and your nearest bus stops
- ✓ If you are worried, carry a personal alarm and use it when needed



If you are attacked or abused,
dial 999

If you are safe, then you can call
**Tell MAMA on 0800 456 1226 or
WhatsApp on 0734 184 6086**

If safe to do so, take a photograph
or a video of the perpetrator(s) and try to note
down their description (appearance, clothing)
and where the incident took place

Most of all, look out for each other
and remain vigilant

In an emergency always
dial 999

تقبل الله صيامكم وقيامكم

May Allah accept your fasting and prayers
تقبل الله صيامكم وقيامكم

0800 456 1226

0734 184 6086

0115 707 00 07

info@tellmamauk.org

@TellMamaUK

@TellMamaUK

TellMAMA
Measuring Anti-Muslim Attacks